

HIV, viral hepatitis and sexually transmissible infections in Australia Annual surveillance report 2023

Hepatitis B



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in collaboration with networks in surveillance for HIV, viral hepatitis and sexually transmissible infections

The Kirby Institute, UNSW Sydney is funded by the Australian Government Department of Health and Aged Care and is affiliated with the Faculty of Medicine, UNSW Sydney. The Surveillance and Evaluation Research Program at the Kirby Institute, UNSW Sydney is responsible for the public health monitoring and evaluation of patterns of transmission of bloodborne viral and sexually transmissible infections in Australia.

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ISSN 2206-1630 (Online) DOI: 10.26190/f5ph-f972

This publication and associated data are available at internet address kirby.unsw.edu.au

Suggested citation:

King, J., McManus, H., Kwon, J., Gray, R., & McGregor, S. (2023). HIV, viral hepatitis and sexually transmissible infections in Australia: Annual surveillance report 2023. Kirby Institute, UNSW Sydney. https://doi.org/10.26190/f5ph-f972

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Hepatitis B

We recognise communities and individuals impacted by and at risk of HIV, hepatitis B and C, and sexually transmissible infections. These people and communities are crucial stakeholders in the work we do, with invaluable contributions and lived experiences. We acknowledge and affirm their crucial role in the development of this report, and public health surveillance more broadly. This report aims to ensure that ongoing and emerging public health threats and inequities are apparent, and that high quality data are available to inform appropriate public health responses to address these issues. We also acknowledge the ongoing negative impacts stigma and societal discrimination play in perpetuating inequity, and support principles of empowerment, community ownership, and partnership.

Prior reports have presented estimates on hepatitis B prevalence generated by **the Doherty Institute**, including the proportion of people undiagnosed, the proportion of people in care, and treatment coverage. Due to delays in data availability, this report will be updated in 2024 to include these estimates.

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1 Summary data

Hepatitis B notifications

- In 2022, there were a total of 5075 hepatitis B notifications in Australia, with 2355 (46%) among females, 2698 (53%) among males, and 22 (<1%) notifications for whom gender was not reported.
- The hepatitis B notification rate declined by 33% between 2013 and 2022, from 28.8 to 19.3 per 100 000. Declines
 between 2019 and 2021 followed by a slight increase in 2022 were likely attributable in part to the impact of
 vaccination, as well as COVID-19 impacts on migration, healthcare access and testing, and travel during 2020
 and 2021.
- Compared to other age groups, the hepatitis B notification rate in 2022 was highest among those aged 35 to 39 years (38.0 per 100 000) and those aged 30 to 34 years (34.3 per 100 000). The rate declined considerably among younger age groups between 2013 and 2022 (73% among people aged 0 to 14 years, 77% among those aged 15 to 19 years, 68% among those aged 20 to 24 years, and 61% among those aged 25 to 29 years). Declines were observed among those aged 30 to 34 years (21%) and 35 to 39 years (28%), while little change was seen among those aged 40 years and older. The overall trends by age group during 2013 2019 likely reflect the impact of hepatitis B vaccination programs, while the declines between 2019 and 2021 also reflect the COVID-19 pandemic and related disruptions.
- The hepatitis B notification rate among Aboriginal and Torres Strait Islander peoples is based on data from five
 jurisdictions (Australian Capital Territory, Northern Territory, Queensland, South Australia, and Western Australia),
 where Aboriginal and Torres Strait Islander status was reported for at least half of all hepatitis B notifications for
 each the five years (2018 2022).
- The hepatitis B notification rate among Aboriginal and Torres Strait Islander peoples declined by 35% between 2018 and 2022 from 29.4 to 19.0 per 100 000.
- The hepatitis B notification rate among Aboriginal and Torres Strait Islander peoples was around a third higher (30%) compared with non-Indigenous people in 2022 (19.0 and 14.6 per 100 000, respectively).

Prevention

• In 2022, infant hepatitis B vaccination coverage at 12 months of age was 90% among Aboriginal and Torres Strait Islander peoples and 94% among the non-Indigenous population, reaching 96% among both populations by 24 months of age.

2 Interpretation

Hepatitis B among adolescents and adults in Australia is transmitted through a variety of pathways, including injection drug use and sexual contact. Most people living with chronic hepatitis B in Australia were born overseas and acquired hepatitis B at birth or in early childhood. Therefore, hepatitis B notifications reflect trends in both the incidence of new infections and testing for those with chronic infections. Between 2019 and 2021, there were reductions in testing, diagnosis, and monitoring of hepatitis B, likely due to the ongoing COVID-19 pandemic. This change represents reduced progress toward Australia's National Strategy Targets for diagnosis.

Between 2013 and 2022, age-specific hepatitis B notification rates declined among younger age groups (under 40 years) that are most likely to have benefited from the introduction of universal vaccination of infants in 2000 (1990 in the Northern Territory) and adolescent catch-up programs from 1998 (with variations by jurisdiction in when school-based vaccination programs were introduced). Vaccination programs introduced in countries that many Australian migrants emigrate from have also has led to lower hepatitis B prevalence among recent migrants to Australia. However, there was a decline in hepatitis B vaccination rates among Aboriginal and Torres Strait Islander children between 2017 and 2022. This decline impacts the progress towards the elimination of mother to child transmission and could increase hepatitis B infections among Aboriginal and Torres Strait Islander peoples over the coming decades. Other strategies to prevent mother to child transmission of hepatitis B including maternal screening and treatment, and hepatitis B Immunoglobulin (HBIG) injection for infants born to women with hepatitis B, are also likely to have contributed to this decline.

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3 Hepatitis B notifications

This section focuses on people notified with hepatitis B infection in Australia, including notifications of newly acquired hepatitis B infection (having evidence of hepatitis B acquisition within two years prior to diagnosis) and unspecified (those without evidence of being newly acquired).

There were 5075 hepatitis B notifications in Australia in 2022 with the vast majority (99%, 5017) were reported as unspecified (without evidence of recent infection), and only 58 (1%) were reported as newly acquired. Of all hepatitis B notifications, 108 (2%) were among Aboriginal and Torres Strait Islander peoples, 2757 (54%) were among non-Indigenous people, and there were a further 2210 (44%) notifications for which Aboriginal and Torres Strait Islander status was not reported.

In 2022, just over half (53%, 2698) of hepatitis B notifications were among males, 59% (2994) were among people aged 40 years and above, and 85% (4321) were among people residing in major cities (Table 1).

Table 1 Characteristics of hepatitis B notifications, 2013 – 2022

									Year of diagnosis		
	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	
Characteristic											
Total cases	6954	6486	6267	6319	5963	5931	5793	5081	4726	5075	
Newly acquired ^a	173	177	148	170	145	137	163	125	82	58	
Sex											
Male Female Not reported	2883 4044 27	2981 3474 31	2906 3341 20	2878 3415 26	2749 3197 17	2704 3201 26	2646 3123 24	2421 2642 18	2168 2542 16	2355 2698 22	
Age group (years)											
<20 20-29 30-39 40-49 50-59 60-69 70+ Not reported	409 1777 2028 1212 877 464 187 0	240 1542 1978 1244 821 476 182	234 1427 1862 1181 881 481 197	256 1277 1995 1190 860 482 257	170 1197 1822 1112 838 567 257	145 1138 1802 1226 787 574 259 0	164 986 1850 1137 774 619 263 0	95 734 1548 1016 823 607 257	72 605 1334 1083 785 561 286 0	87 618 1376 1094 850 680 370	
Aboriginal and Torres St	rait Islander	status									
Aboriginal and/or Torres Strait Islander Non-Indigenous Not reported	235 3712 3007	198 3391 2897	251 3154 2862	191 3586 2542	170 3600 2193	168 3717 2046	150 3503 2140	166 2870 2045	161 2673 1892	108 2757 2210	
Area of residence											
Major cities Regional Remote Not reported	5386 883 538 147	5487 745 144 110	5275 729 154 109	5418 693 93 115	5085 626 107 145	5011 634 103 183	4918 634 90 151	4281 586 110 104	3900 614 115 97	4321 582 70 102	
State/Territory											
ACT NSW NT QLD SA TAS VIC WA	112 2450 331 859 331 58 1842 971	97 2466 153 941 372 60 1761 636	83 2257 161 1029 342 41 1780 574	89 2256 109 1049 318 40 1796 662	87 2228 101 910 294 43 1764 536	85 2345 85 854 274 43 1749	85 2165 83 944 309 67 1689 451	79 1941 92 845 266 57 1281 520	71 1734 32 756 200 77 1311 545	88 2063 44 803 192 61 1396 428	

a Newly acquired hepatitis B is defined as newly diagnosed hepatitis B infection with evidence of acquisition in the two years before diagnosis. Enhanced surveillance procedures related to hepatitis B vary by state/territory. The total number of cases reported here is likely to be an underestimation of the true number of newly acquired infections.

Source: Australian National Notifiable Diseases Surveillance System.

The hepatitis B notification rate in Australia declined by 33%, from 28.8 per 100 000 in 2013 to 19.3 per 100 000 in 2022. The sharp decline in notification rates between 2019 and 2021, followed by a slight increase in 2022 was likely due in part to the impacts of the COVID-19 pandemic, in particular the impact on testing uptake, international travel, and migration. The overall decline since 2013 was likely due to hepatitis B vaccination programs in Australia and overseas ⁽¹⁾. Notification rates have been consistently higher among males than females, and were 20.8 and 17.8 per 100 000 in 2022, respectively (Figure 1).

35 Age standardised rate per 100 000 15 10 2013 2014 2015 2016 2017 2018 2019 2020 2021 2022 Males 32.5 29.9 28.4 28.8 26.3 26.1 25.1 20.8 20.0 20.8 Females 24.9 25.5 24.5 23.9 22.3 21.6 20.8 18.6 16.7 17.8 Total 28.8 27.8 26.5 24.4 23.9 23.0 19.8 18.4 19.3

Figure 1 Hepatitis B notification rate per 100 000 population by gender, 2013 - 2022

Source: Australian National Notifiable Diseases Surveillance System.



What does this mean?

The rate of hepatitis B diagnoses has declined since 2013, especially since the start of the COVID-19 pandemic in 2020. Overall, males are diagnosed slightly more often than females.

In 2022, the highest notification rates were seen among those aged 35 to 39 years (38.0 per 100 000), 30 to 34 years (34.3 per 100 000), and 40 years and older (24.1 per 100 000).

Between 2013 and 2022, hepatitis B notification rates declined overall with the greatest declines seen among younger age groups. A decline of 77% was seen among those aged 15 to 19 years (from 17.3 to 4.0 per 100 000), 75% among those aged 0 to 14 years (from 2.0 to 0.5 per 100 000), 69% among those aged 20 to 24 years (from 36.3 to 11.4 per 100 000), 61% among those aged 25 to 29 years (from 60.6 to 23.5 per 100 000), 21% among those aged 30 to 34 years (from 65.4 to 51.5 per 100 000), and 28% among those aged 35 to 39 years (from 52.6 to 38.0 per 100 000 (Figure 2). In the same period, the notification rate remained relatively stable among those aged 40 years and older (between 22.1 and 25.0 per 100 000), with the lowest rates in the period occurring over the peak of the COVID-19 pandemic, between 2020 and 2021. The greater declines seen among the younger age groups are likely due hepatitis B immunisation, introduced nationally for infants in Australia in 2000, and in many countries with high migration to Australia in the 1990s. (Figure 2).

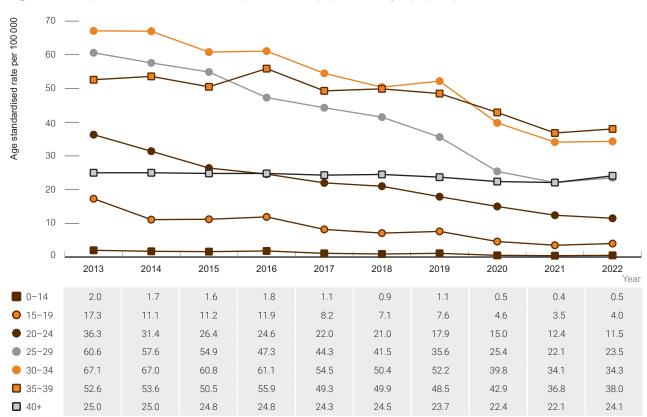


Figure 2 Hepatitis B notification rate per 100 000 population by age group, 2013 – 2022

Source: Australian National Notifiable Diseases Surveillance System.



What does this mean?

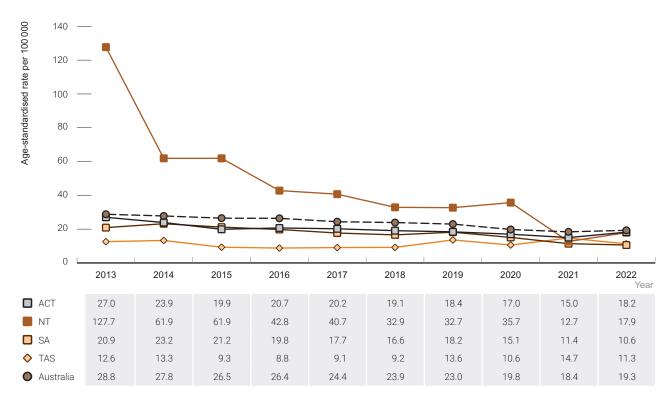
Since 2013, hepatitis B diagnoses have decreased across all age groups under 40 years, especially for people aged under 30 years.

Hepatitis B notification rates among males and females declined overall between 2013 and 2022, with the greatest declines seen among the younger age groups. Among those aged 0 to 14 years, notification rates decreased by 80% among females and 67% among males, (from 1.5 to 0.3 per 100 000 and from 2.5 to 0.8 per 100 000, respectively). Similarly, among those aged 15 to 19 years rates declined by 85% among males and 62% among females. Detailed breakdowns of notification rates by gender and age are available on the Kirby Institute data site.

The hepatitis B notification rate in Australia has consistently been highest in the Northern Territory but fell by 86% between 2013 and 2022 (from 127.7 to 17.9 per 100 000 in 2022). Declines between 2013 and 2022 were also observed in other jurisdictions with declines of 49% in South Australia, 37% in Western Australia, 35% in Victoria, 33% in the Australian Capital Territory, 26% in New South Wales, and 18% in Queensland, and 10% in Tasmania (Figure 3).

40 Age-standardised rate per 100 000 35 15 10 0 2013 2014 2015 2016 2017 2018 2019 2020 2021 2022 NSW 33.5 33.2 29.8 29.4 28.5 29.5 26.9 23.8 21.4 24.8 O QLD 18.9 22.2 20.5 22.3 18.9 17.6 19.1 16.7 14.7 15.4 VIC 31.8 29.7 29.3 27.7 25.7 19.1 19.9 20.8 29.1 27.0 WA 24.1 24.6 22.0 25.8 20.4 18.6 16.8 18.9 19.1 15.3 Australia 28.8 27.8 26.5 26.4 24.4 23.9 23.0 19.8 18.4 19.3

Figure 3 Hepatitis B notification rate per 100 000 population by state/territory, 2013 – 2022

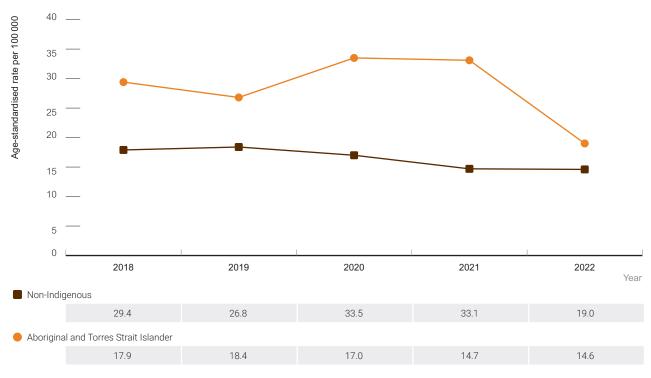


Source: National Notifiable Diseases Surveillance System

The hepatitis B notification rate among Aboriginal and Torres Strait Islander peoples is based on data from five jurisdictions (Australian Capital Territory, Northern Territory, Queensland, South Australia, and Western Australia), where Aboriginal and Torres Strait Islander status was reported for at least half of all hepatitis B notifications for each of the five years (2018 – 2022). Approximately 50% of Aboriginal and Torres Strait Islander peoples reside in these jurisdictions, so it is important to note that the notification rates presented below are not necessarily nationally representative.

In 2022, the hepatitis B notification rate among Aboriginal and Torres Strait Islander peoples in these jurisdictions was close to a third higher (30%) than among the non-Indigenous population (19.0 per 100 000 compared with 14.6 per 100 000) (Figure 4). Among Aboriginal and Torres Strait Islander peoples in the reported jurisdictions, the notification rate declined by 35% from 29.4 per 100 000 in 2018 to 19.0 per 100 000 in 2022. Similarly, among non-Indigenous people, the notification rate decreased by 37% from 17.9 per 100 000 in 2018 to 14.6 per 100 000 in 2022. For further information on hepatitis B notification rates by Aboriginal and Torres Strait Islander status and age, please refer to the Kirby Institute data site and Bloodborne viral and sexually transmissible infections in Aboriginal and Torres Strait Islander people: annual surveillance report 2023⁽²⁾.

Figure 4 Hepatitis B notification rate per 100 000 population by Aboriginal and Torres Strait Islander status, 2018 – 2022



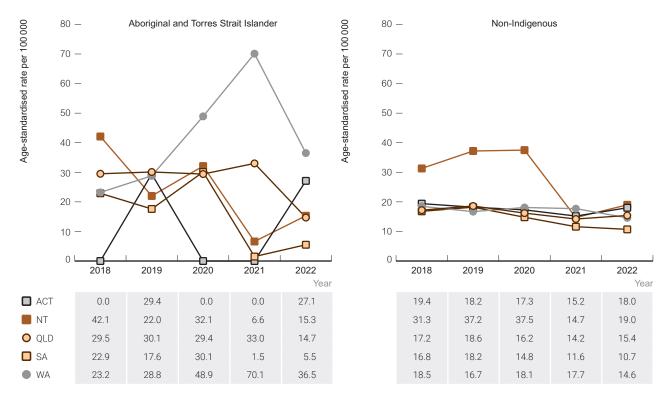
Source: Australian National Notifiable Diseases Surveillance System. Includes jurisdictions in which Aboriginal and Torres Strait Islander status was reported for ≥50% of notifications for each year (Australian Capital Territory, Northern Territory, Queensland, South Australia, and Western Australia).



What does this mean?

Hepatitis B is diagnosed more often among Aboriginal and Torres Strait Islander peoples than among non-Indigenous people.

Figure 5 Hepatitis B notification rate per 100 000 by state/territory and Aboriginal and Torres Strait Islander status, 2018 – 2022



Source: Australian National Notifiable Diseases Surveillance System. Includes jurisdictions in which Indigenous status was reported for ≥50% of notifications for each year (Australian Capital Territory, Northern Territory, Queensland, South Australia, and Western Australia).

Higher rates of newly diagnosed hepatitis B among Aboriginal and Torres Strait Islander populations compared to the non-Indigenous population reflects the higher prevalence of chronic hepatitis B among Aboriginal and Torres Strait Islander peoples. This relates to historical vertical and early childhood transmission, particularly in the pre-vaccine era, with some additional infections through sexual and blood contact in adolescence and adulthood ⁽³⁾. Aboriginal and Torres Strait Islander peoples also have higher rates of risk factors for adult hepatitis B acquisition, including receptive syringe sharing among people who inject drugs. (See above under Hepatitis B prevention, p. 12.). However, it should be acknowledged that among the jurisdictions reported, the gap between the Aboriginal and Torres Strait Islander notification rate and the non-Indigenous notification rate in 2022 is the smallest in the reporting period. This changing trend may be partly due to high hepatitis B vaccination rates among Aboriginal and Torres Strait Islander peoples.

Hepatitis B notification rates were higher in 2022 among people residing in major cities (22.5 per 100 000) than in remote and regional areas (15.4 and 9.6 per 100 000 respectively). Between 2013 and 2022, the hepatitis B notification rate declined by 57% in remote areas, 40% in regional areas, and 31% in major cities. The differing rates in decline may relate to a combination of the variation in levels of overseas immigration between areas and the impact of Australian hepatitis B immunisation programs. (Figure 6). These patterns were similar among males and females, with notification rates lowest in regional areas for both genders. For breakdowns of notification rates by gender and remoteness area please see the Kirby Institute data site.

40 Age-standardised rate per 100 000 35 30 25 20 15 10 5 0 2013 2014 2015 2016 2017 2018 2019 2020 2021 2022 Major cities 32.5 32.5 30.6 28.5 27.6 26.6 22.7 20.7 22.5 Regional 12.0 10.8 16.0 13.3 12.9 10.8 10.7 9.9 10.4 9.6 Remote 36.1 26.4 30.8 18.6 21.6 21.6 19.5 246 154

Figure 6 Hepatitis B notification rate per 100 000 population by region of residence, 2013 - 2022

 ${\tt Source\ Australian\ National\ Notifiable\ Diseases\ Surveillance\ System}.$



What does this mean?

Since 2013, the number of hepatitis B diagnoses has declined in major cities, remote and regional areas, with the biggest decline in remote areas.

4 Hepatitis B prevention

Vaccination is the cornerstone of hepatitis B primary prevention. Other strategies to protect people from acquiring hepatitis B infection include use of sterile needles and syringes and ancillary equipment among people who inject drugs, condom use, universal precautions in healthcare settings, monitoring of pregnant women living with chronic hepatitis B and their babies, and screening of blood donors ⁽⁴⁾. Secondary prevention strategies to reduce the risk of progression to hepatocellular carcinoma include improving access to diagnosis, monitoring, and antiviral treatment for those with evidence of active liver disease. Data regarding the uptake of this treatment will be presented in forthcoming reporting.

Hepatitis B vaccination

Figure 7

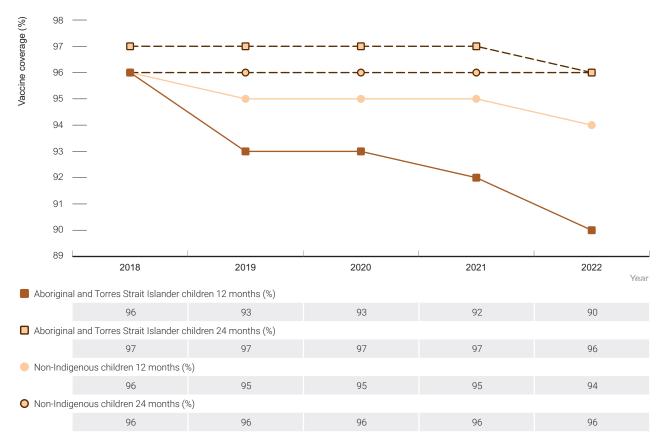
Patterns of hepatitis B infection in Australia should be interpreted with knowledge of the history of hepatitis B immunisation programs. In the Northern Territory, hepatitis B screening was introduced for all pregnant women and vaccination to infants born to mothers living with chronic infection in 1985; universal infant vaccination was implemented in 1990, and a catch-up program for children aged 6 to 16 years was introduced in 1998. In other states and territories, hepatitis B vaccination of all infants commenced in 2000, and a universal adolescent (children aged 11 to 14 years) school-based hepatitis B vaccination catch-up program commenced in 1998 in Victoria and Tasmania, in 1999 in South Australia and the Australian Capital Territory, in 2002 in Western Australia, in 2004 in New South Wales, and in 2007 in Queensland (Figure 7) ⁽⁵⁾.

Between 2017 and 2022, hepatitis B vaccination coverage rates for non-Indigenous children remained high in Australia, between 94% and 96% (Figure 11). Among Aboriginal and Torres Strait Islander children aged 12 months, the vaccination coverage rate declined from 96% in 2017 to 90% in 2022. Among non-Indigenous children and Aboriginal and Torres Strait Islander children aged 24 months, vaccination coverage rates remained over 95% between 2017 and 2022, reaching 96% in 2022 for both populations. (Figure 8).

Roll-out of hepatitis B vaccination in Australia, by year

Catch-up program for Hepatitis B 6-16 year olds screening introduced. introduced for all A universal adolescent pregnant women. Universal school-based catch-up adolescent Vaccination program (11–14 years) school-based introduced for Hepatitis B introduced in: infants born to vaccination of program introduced in: mothers with Victoria all infants chronic hepatitis B. commenced. New South Wales Tasmania 2002 1985 1990 1998 2004 2007 Universal infant Universal Universal Universal vaccination was adolescent adolescent adolescent commenced in: school-based school-based school-based program program program Northern introduced in: introduced in: introduced in: Territory South Australia · Western Australia Queensland Australian Capital Territory

Figure 8 Hepatitis B vaccination coverage estimates at 12 and 24 months by Aboriginal and Torres Strait Islander status, 2018 – 2022



Source: National Centre for Immunisation Research and Surveillance Australia; see Methodology for detail.

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