

HIV, viral hepatitis and sexually transmissible infections in Australia Annual surveillance report 2022

# Hepatitis C



#### HIV, viral hepatitis and sexually transmissible infections in Australia

Annual surveillance report 2022

#### Kirby Institute, UNSW Sydney

#### Prepared by:

Jonathan King Hamish McManus Amy Kwon Richard Gray Skye McGregor

#### Other contributors:

- Australian Government Department of Health and Aged Care
- State/territory health departments
- · Brynley Hull, Aditi Dey, National Centre for Immunisation Research and Surveillance
- Ela Naruka, Amy Kwon, Behzad Hajarizadeh, Htein Linn Aung, Heather Valerio, Gregory Dore, Lisa Maher,
- Jennifer Iversen, Melanie Simpson, Morgan Stewart, Kathy Petoumenos, The Kirby Institute, UNSW Sydney
- Benjamin Cowie, Karen McCulloch, Jennifer MacLachlan, Nicole Romero, WHO Collaborating Centre for Viral Hepatitis, Victorian Infectious Diseases Reference Laboratory, The Doherty Institute
- Anna Wilkinson, Jason Asselin, Mark Stoové, Margaret Hellard, Burnet Institute
- Mandy Byrne, Australia and New Zealand Liver and Intestinal Transplant Registry
- · Limin Mao, Centre for Social Research in Health, UNSW Sydney
- Monica Lahra, WHO Collaborating Centre for STI and AMR Microbiology, NSW Health Pathology
- Carrie Fowlie, John Didlick, Hepatitis Australia

in collaboration with networks in surveillance for HIV, viral hepatitis and sexually transmissible infections

The Kirby Institute, UNSW Sydney is funded by the Australian Government Department of Health and is affiliated with the Faculty of Medicine, UNSW Sydney. The Surveillance and Evaluation Research Program at the Kirby Institute, UNSW Sydney is responsible for the public health monitoring and evaluation of patterns of transmission of bloodborne viral and sexually transmissible infections in Australia.

#### © Kirby Institute, UNSW Sydney 2022

#### ISSN 2206-1630 (Online)

#### DOI: 10.26190/sx44-5366

This publication and associated data are available at internet address https://data.kirby.unsw.edu.au/hepatitis-c

#### Suggested citation:

King, J, McManus, H, Kwon, A, Gray, R & McGregor, S 2022, HIV, viral hepatitis and sexually transmissible infections in Australia: Annual surveillance report 2022, The Kirby Institute, UNSW Sydney, Sydney, Australia. http://doi.org/10.26190/sx44-5366

Design il Razzo, Email: admin@ilrazzo.com.au

Kirby Institute UNSW Sydney NSW 2052

Telephone: 02 9385 0900 (International +61 2 9385 0900) Email: info@kirby.unsw.edu.au

# **Table of Contents**

Abbi	reviations	3
Hepatitis C		4
1	Summary data New hepatitis C notifications Testing Incidence, prevalence, and morbidity Treatment Injecting risk behaviour	<b>4</b> 4 4 4 5 5
2	Interpretation	5
3	Hepatitis C notifications Aboriginal and Torres Strait Islander peoples	6 12
4	Hepatitis C testing	15
5	Hepatitis C incidence	17
6	Hepatitis C prevalence	19
7	Hepatitis C morbidity and mortality	20
8	Hepatitis C treatment	21
9	Hepatitis C prevention Injecting risk behaviour	23 23
Refe	erences	24

# **Tables List**

Table 1Characteristics of new hepatitis C notifications, 2012–20216Table 2Number of people with chronic hepatitis C infection initiating direct-acting antiviral therapy by state/territory, 202122

# **Figures List**

Figure 1	Hepatitis C notification rate per 100 000 population, 2012–2021, by gender	7
Figure 2	Hepatitis C notification rate per 100 000 population among people aged 15 to 24 years by gender, 2012–2021	8
Figure 3	Hepatitis C notification rate per 100 000 population by state/territory, 2012–2021	9
Figure 4	Hepatitis C notification rate per 100 000 population among people 15 to 24 years of age, by state/territory, 2012–2021	10
Figure 5	Hepatitis C notification rate per 100 000 population by region of residence, 2012–2021	11
Figure 6	Hepatitis C notification rate per 100 000 population by Aboriginal and Torres Strait Islander status, 2017–2021	12
Figure 7	Hepatitis C notification rate among people aged 15 to 24 years by Aboriginal and Torres Strait Islander status per 100 000 population, 2017–2021	13
Figure 8	Hepatitis C notification rate per 100 000 people by Aboriginal and Torres Strait Islander status and state/territory, 2017–2021	14
Figure 9	Proportion of people who inject drugs attending a clinic in the ACCESS network who had a hepatitis C test in the past 12 months, 2012–2021	15
Figure 10	Proportion of people who inject drugs attending needle and syringe programs who reported a hepatitis C antibody test in the past 12 months by gender, 2012–2021	16
Figure 11	Proportion of people who inject drugs attending needle and syringe programs who reported a hepatitis C antibody test in the past 12 months by hepatitis C antibody status, 2012–2021	16
Figure 12	Incidence of hepatitis C infection at ACCESS primary care clinics, 2012–2021	17
Figure 13	Incidence of hepatitis C infection among HIV-positive gay and bisexual men attending ACCESS sexual health and primary care clinics, 2012–2021	18
Figure 14	Hepatitis C antibody and RNA prevalence among people attending needle and syringe programs, 2012–2021	19
Figure 15	Number of liver transplants due to chronic hepatitis C and hepatitis C related hepatocellular carcinoma, 2012–2021	20
Figure 16	The number of people living with hepatitis C who received treatment, 1997–2021	21
Figure 17	Proportion of hepatitis C antibody positive people seen at needle and syringe programs with a lifetime history of hepatitis C treatment, 2012–2021	22

# **Abbreviations**

ABS	Australian Bureau of Statistics
ACCESS	Australian Collaboration for Coordinated Enhanced Sentinel Surveillance
ANSPS	Australian Needle Syringe Program Survey
BBV	bloodborne virus

# Hepatitis C

The years for comparison in this report are from 2012 to 2021 unless focus is given to the impact of the COVID-19 epidemic, where the years for comparison are 2012 to 2019, and 2019 and 2021. Additional years for comparison include 2015 to 2021 to highlight the effect of subsidised interferon-free direct-acting antiviral regimen availability from March 2016. Assessment of progress towards national and global hepatitis C elimination targets are presented in Australia's progress towards hepatitis C elimination: annual report 2022 and the Tracking the Progress Report. Due to data availability, data relating to newly acquired hepatitis C notifications are not presented in this report. Future reports will include these data.

## 1 Summary data

#### New hepatitis C notifications

- In 2021 there were 7487 hepatitis C notifications in Australia. Over two-thirds (5094, 68%) of the notifications were among males.
- The overall hepatitis C notification rate declined by 33% over the 10-year period 2012 to 2021, from 43.7 to 29.2 per 100 000 population.
- Among the age group most likely to have acquired hepatitis C recently, people aged 15 to 24 years, the notification rate declined by 36% between 2012 and 2021 (from 36.7 per 100 000 in 2012 to 23.7 per 100 000 in 2021). The decline among this age group was attributed largely to a 53% decline among women, from 27.2 to 12.9 per 100 000. Among men aged 15 to 24 years, the hepatitis C notification rate declined by 26% from 45.7 per 100 000 in 2012 to 33.7 per 100 000 in 2021.
- Between 2017 and 2021, the hepatitis C notification rate among Aboriginal and Torres Strait Islander peoples remained stable. In 2021, the notification rate among Aboriginal and Torres Strait Islander peoples was more than seven times as high as among non-Indigenous people in 2021 (194.3 and 26.2 per 100 000, respectively).

#### Testing

**HCV** 

- Among people who inject drugs and attend clinics in the ACCESS network, the proportion who received a hepatitis C test in the past 12 months increased from 45% in 2012 to 54% in 2021. However, a decline in the number of people attending clinics in the ACCESS network since the start of the pandemic may mean that overall testing numbers among people who inject drugs declined in this period.
- Data from the ANSPS indicate that in 2021, about half (47%) of survey respondents reported a hepatitis C antibody test in the previous 12 months (47% for both men and women).

#### Incidence, prevalence, and morbidity

- Among people tested at ACCESS primary care sites between 2015 and 2019, the hepatitis C incidence declined from 1.2 to 0.4 new infections per 100 person-years and increased to 0.6 new infections per 100 person-years in 2021.
- Hepatitis C RNA prevalence among participants of the ANSPS was 16% in 2021, a decline from 57% in 2015.
- The proportion of people receiving liver transplants due to chronic hepatitis C or hepatitis C-related hepatocellular carcinoma reduced by more than two-thirds between 2015 (72, 33% of all transplants) and 2021 (19, 9% of all transplants).

#### Treatment

- In 2021 6474 people received PBS-subsidised DAA treatment. Between the start of 2016 and the end of 2021, 95 395 people received PBS-subsidised DAA treatment.
- Among Aboriginal and Torres Strait Islander respondents in the Australian Needle Syringe Program Survey, there was more than a five-fold increase in the proportion reporting ever having hepatitis C treatment, from 10% in 2015 to 56% in 2021. Among non-Indigenous participants over the same period, there was an almost six-fold increase in the number reporting ever having received treatment, from 11% to 65%.
- Among participants in the Australian Needle Syringe Program Survey in 2021 with self-reported history of chronic hepatitis C, 62% reported ever receiving hepatitis C treatment, an increase from 10% in 2012.

#### Injecting risk behaviour

• The reuse of needles and syringes that have been used by others (receptive syringe sharing) by people who inject drugs is a major risk factor for transmission of hepatitis C. The proportion of Australian Needle Syringe Program Survey respondents who reported receptive syringe sharing in the past month was 18% in 2021 with the proportion reporting receptive syringe sharing almost twice as high among Aboriginal and/or Torres Strait Islander survey participants (29%) compared with non-Indigenous participants (13%).

## 2 Interpretation

The decline in hepatitis C notifications and testing between 2019 and 2021 was likely influenced by COVID-19, including challenges in accessing testing and healthcare. The preceding decline in hepatitis C notifications between 2015 and 2019 (including among younger age groups) after stable rates between 2012 and 2015, along with corresponding reductions in prevalence among needle and syringe survey participants, suggest that the uptake of hepatitis C treatment is resulting in a population level decline of hepatitis C transmission. Notably, the decline in the notification rate among people aged between 15 and 24 years was largely seen among women in this age group. Also declines in testing since the start of the COVID-19 pandemic <sup>(1)</sup> mean that notification rates be may an underrepresentation of the true number of hepatitis C infections in the community.

By comparison, no declines in hepatitis C notifications were seen among Aboriginal and Torres Strait Islander peoples suggesting inequity in the availability of direct acting antivirals as well as resources directed toward harm reduction and linkage to care, and this may be sustaining the rate of infection among Aboriginal and Torres Strait Islander peoples. Further, hepatitis C notification rates remain several-fold higher among Aboriginal and Torres Strait Islander people compared to non-Indigenous people. Underreporting of Aboriginal and Torres Strait Islander status means that the number of hepatitis C notifications nationally is likely underestimated.

Strategies are needed to raise awareness about the need for testing and availability of curative hepatitis C treatments to eliminate hepatitis C as a public health threat by 2030, in line with Australian Government and World Health Organization targets.

Overall, there has been no decrease in the rates of receptive syringe sharing between 2019 and 2021, highlighting the need for enhanced focus on prevention efforts. Results from the Australian Needle Syringe Program survey show that Aboriginal and Torres Strait Islander peoples were more than twice as likely as non-indigenous people to report recent receptive syringe sharing in 2021 with the gap unchanged in recent years. Also, a disproportionate number of Aboriginal and/or Torres Strait Islander people are incarcerated each year, a setting where access to evidence-based harm-reduction strategies is very limited. Therefore, there is a need for expanded harm reduction strategies in prison settings and ensuring these are culturally safe and appropriate and co-designed with Aboriginal and Torres Strait Islander peoples both within community and prison settings.

In March 2016, direct-acting antiviral regimens became subsidised by the Pharmaceutical Benefits Scheme (PBS) for hepatitis C treatment. In 2016, the uptake of direct-acting antiviral therapies was initially high but has since steeply declined. Data from the PBS indicate that altogether more than 95 000 Australians have received these highly curative therapies.

People who inject drugs are a key population for hepatitis C treatment and prevention. Among participants of the Australian Needle Syringe Program Survey, treatment uptake has increased markedly, with the proportion of people who inject drugs and have a history of living with hepatitis C who report lifetime treatment increasing from 11% in 2015 to 64% in 2019, and 62% in 2021. The curative nature of hepatitis C treatment has resulted in a substantial reduction in the prevalence of active hepatitis C infection among this group, with hepatitis C RNA prevalence declining from 51% in 2015 to 16% in 2021.

## **3 Hepatitis C notifications**

This section focuses on people notified with hepatitis C in Australia, including newly acquired hepatitis C notifications (evidence of hepatitis C acquisition within two years before diagnosis) and unspecified hepatitis C notifications (cases that do not meet any of the criteria for a newly acquired case, acquired hepatitis C more than 24 months before diagnosis or for cases of unknown duration).

A total of 7487 hepatitis C notifications (newly acquired and unspecified) were reported in Australia in 2021, of which 1232 (16%) occurred among Aboriginal and Torres Strait Islander peoples, 3615 (48%) were among non-Indigenous people, and a further 2640 (35%) were among people whose Indigenous status was not reported. Aboriginal and Torres Strait Islander peoples comprise an estimated 3% of the Australian population <sup>(2)</sup> meaning that these notifications reflect a disproportionate burden of disease (Table 1).

In 2021, 5094 (68%) hepatitis C notifications were among males, 6719 (90%) were among people aged 25 years and above, and 4294 (57%) were among people residing in major cities (Table 1).

									Year of di	agnosis
	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
Characteristic										
Total cases	9 899	10 480	10 310	10 351	12 081	10 422	10 529	9 186	/ 998	/ 48/
Gender										
Male Female Missing	6 396 3 472 31	6 844 3 613 23	6 749 3 544 17	6 839 3 480 32	8 026 4 026 29	7 120 3 271 31	7 216 3 280 33	6 306 2 843 37	5 489 2 485 24	5 094 2 375 18
Age group										
0-14 15-19 20-24 25-29 30-34 35-39 40+ Missing	37 243 906 1 269 1 456 1 273 4 711 4	34 305 994 1 220 1 553 1 315 5 059 0	44 217 885 1 180 1 469 1 331 5 183 1	43 215 927 1 193 1 447 1 326 5 199 1	34 202 897 1 259 1 514 1 612 6 563 0	33 179 890 1 176 1 316 1 360 5 467 1	42 160 793 1 125 1 211 1 363 5 833 2	48 181 856 1 062 1 094 1 150 4 795 0	64 152 747 972 970 974 4 116 3	34 107 627 910 906 892 4 011 0
Aboriginal and Torres St	rait Islande	status								
Aboriginal and/or Torres Strait Islander Non-Indigenous Not reported	996 4 595 4 308	1 061 4 796 4 623	1 175 4 524 4 611	1 204 4 532 4 615	1 353 5 253 5 475	1 461 4 936 4 025	1 460 5 515 3 554	1 429 4 713 3 044	1 187 3 722 3 089	1 232 3 615 2 640
Area of residence										
Major cities Regional Remote Missing	6 032 3 061 328 478	6 491 3 144 441 404	6 258 3 348 245 459	6 238 3 409 245 459	7 253 3 958 256 614	6 100 3 485 231 606	6 118 3 323 230 858	5 171 2 994 194 827	4 551 2 588 146 713	4 294 2 512 177 504
State/Territory										
ACT NSW NT QLD SA TAS VIC WA	145 3 146 191 2 329 576 263 2 124 1 125	183 3 372 256 2 429 608 229 2 134 1 269	175 3 339 180 2 527 564 230 2 160 1 135	189 3 326 200 2 514 532 263 2 195 1 132	184 4 513 194 2 758 544 257 2 406 1 225	138 3 931 151 2 357 480 232 1 933 1 200	140 4 571 147 2 142 430 189 1 902 1 008	124 3 344 133 2 381 352 171 1 697 984	132 2 905 104 2 174 289 136 1 336 922	92 2 505 105 2 086 238 176 1 274 1 011

#### Table 1 Characteristics of new hepatitis C notifications, 2012–2021

Source: Australian National Notifiable Disease Surveillance System.

There was a 33% decrease in the notification rate of hepatitis C, from 43.7 per 100 000 population in 2012, to 29.2 per 100 000 in 2021 (Figure 1). Notification rates have been gradually decreasing among both males and females since 2012 despite an increase in 2016. This increase likely reflected the increase in testing associated with government-funded interferon-free direct-acting antiviral treatments becoming available on the PBS in March 2016 <sup>(3)</sup>. In 2016, there was a rapid uptake of treatment and cure among people living with hepatitis C, which coincides with a steady reduction in notification rates, with 2021 having the lowest notification rate in the last 10 years (Figure 1).



#### Figure 1 Hepatitis C notification rate per 100 000 population, 2012–2021, by gender

Source: Australian National Notifiable Disease Surveillance System.

Hepatitis C notification rates are highest among people aged 25 to 39 years, yet within the last 10 years (2012–2021), rates among this age group reduced by 41% from 81.8 per 100 000 population in 2012, to 48.4 per 100 000 in 2021. In the same period, rates among people aged 40 years and older had reduced by 27%, from 44.8 per 100 000 in 2012, to 32.8 per 100 000 in 2021. In 2016, there was an increase in rates among both age categories, likely reflecting an increase in testing associated with the introduction of direct acting-antiviral therapies. This trend was similar among both males and females. Rates among people aged 15–24 years reduced by 36% from 36.7 per 100 000 in 2012, to 23.7 per 100 000 in 2021, and were not obviously affected by the change in testing trends in 2016. For detailed breakdown of notification rates by age and gender, please see the Kirby Institute data site.

Compared with older age-groups, most hepatitis C infections among those aged 15 to 24 years are recently acquired <sup>(4)</sup>. Therefore, trends in the rate of notifications among those aged 15–24 years are used here as a proxy for the incidence of hepatitis C infection. There was a 36% decline in the notification rate among this group from 36.7 per 100 000 in 2012 to 23.7 per 100 000 in 2021. However, the overall reduction was largely due to a 53% reduction among females from 27.2 per 100 000 in 2012 to 12.9 per 100 000 in 2021. By comparison, the rate among males also declined, but to a lesser extent (26%), from 45.7 per 100 000 in 2012 to 33.7 per 100 000 in 2021 (Figure 2).





Source: Australian National Notifiable Disease Surveillance System.

In 2021, hepatitis C notification rates were highest in Queensland at 41.3 per 100 000, followed by the Northern Territory at 39.9 per 100 000, then New South Wales and Tasmania at 30.9 per 100 000 each (Figure 3). South Australia had the lowest notification rate at 13.2 per 100 000. Since 2012, all states have seen a reduction in notification rates, ranging from a 38% reduction in Queensland, to a 11% reduction in New South Wales.







Source: Australian National Notifiable Disease Surveillance System.

Hepatitis C notification rates among people aged 15 to 24 years declined in every state and territory between 2012 and 2021. In this period, the largest declines were seen in the Northern Territory and South Australia (90% each), Tasmania (88%), and Victoria (72%).







Source: Australian National Notifiable Disease Surveillance System.

Notification rates of hepatitis C have historically been higher in regional areas (41.3 per 100 000, in 2021) than in remote areas (38.7 per 100 000) and major cities (22.8 per 100 000). Rates for all three area classifications have declined to the lowest levels in more than 10 years. Since 2012, notification rates have declined by 39% in major cities, 24% in regional areas, and by 23% in remote areas (Figure 5).

Between 2012 and 2021, notification rates among males residing in remote areas reduced by 30% (from 63.5 to 44.6 per 100 000) while males residing in major cities reduced by 36% (from 46.7 to 30.1 per 100 000). In the same period, rates among males living in regional areas declined by 17%, from 71.3 to 59.2 per 100 000. Declines in notification rates were also seen among females residing in major cities and remote areas. Among females, there was a reduction of 45% in major cities (from 28.1 in 2012 to 15.6 per 100 000 in 2021) and 38% in regional areas (from 37.3 in 2012 to 23.3 per 100 000 in 2021). The hepatitis C notification rate among females in remote areas fluctuated between 2012 and 2021 and was 32.4 per 100 000 in 2021. Full breakdown of hepatitis C notification rates by remoteness classification and gender can be found at the Kirby Institute data site.



Source: Australian National Notifiable Disease Surveillance System.

#### Aboriginal and Torres Strait Islander peoples

Aboriginal and Torres Strait Islander notification rates for hepatitis C are based on data from six jurisdictions (the Australian Capital Territory, Northern Territory, Queensland, South Australia, Tasmania, and Western Australia) where Aboriginal and Torres Strait Islander status was ≥50% complete for all hepatitis C notifications for each of the five years (2017–2021). Almost two thirds (61%) of Aboriginal and Torres Strait Islander peoples reside in these jurisdictions so it is important to note that the notification rates are not necessarily nationally representative. Incomplete information on Aboriginal and Torres Strait Islander status can underestimate the true extent of these infections among Aboriginal and Torres Strait Islander peoples and notification rates may not reflect national trends.

Based on the data from these six jurisdictions, in 2021 the age-standardised notification rate of hepatitis C was more than seven times as high among Aboriginal and Torres Strait Islander peoples (194.3 per 100 000) compared with non-Indigenous people (26.2 per 100 000). Notification rates of hepatitis C among Aboriginal and Torres Strait Islander people fluctuated between 2017 and 2021 (Figure 6).

Between 2017 and 2021, among Aboriginal and Torres Strait Islander people aged 15 to 24 years, the hepatitis C notification rate fluctuated and was 194.5 per 100 000 in 2021. Conversely, in the same period, among non-Indigenous people aged 15 to 24 years, the notification rate declined by 22% from 25.3 per 100 000 in 2017 to 19.8 per 100 000 in 2021. The hepatitis notification rate among Aboriginal and Torres Strait Islander peoples aged 15 to 24 years was almost 10 times as high as among non-Indigenous people aged 15 to 24 years (194.5 vs 19.8 per 100 000) (Figure 7).





Source: Australian National Notifiable Disease Surveillance System. Includes jurisdictions in which Indigenous status was reported for ≥50% of notifications for each year (Australian Capital Territory, Northern Territory, Queensland, South Australia, Tasmania and Western Australia).



# Figure 7 Hepatitis C notification rate among people aged 15 to 24 years by Aboriginal and Torres Strait Islander status per 100 000 population, 2017–2021

Source: Australian National Notifiable Disease Surveillance System. Includes jurisdictions in which Aboriginal and Torres Strait Islander status was reported for ≥50% of notifications for each year (Australian Capital Territory, Northern Territory, Queensland, South Australia, Tasmania and Western Australia).

In Western Australia, the hepatitis C notification rate in 2021 was 12 times as high among Aboriginal and Torres Strait Islander peoples than among non-Indigenous people (308.4 and 26.0 per 100,000, respectively). Also, in 2021, the hepatitis C notification rate in Queensland, South Australia and the Australian Capital Territory, was seven to 10 times as high among Aboriginal and Torres Strait Islander peoples as among non-Indigenous people. In South Australian and Tasmania, the hepatitis C notification rate declined between 2012 and 2021 among Aboriginal and Torres Strait Islander peoples. In the Australian Capital Territory, the Northern Territory, Queensland, and Western Australia, the hepatitis C notification rate among Aboriginal and Torres Strait Islander peoples fluctuated in the same period, compared with declines among non-Indigenous people in every reported state and territory (Figure 8). See *Bloodborne viral and sexually transmissible infections in Aboriginal and Torres Strait Islander people: annual surveillance report 2022* for further detail <sup>(5)</sup>.



#### Figure 8 Hepatitis C notification rate per 100 000 people by Aboriginal and Torres Strait Islander status and state/territory, 2017-2021

Source: Australian National Notifiable Disease Surveillance System. Includes jurisdictions in which Aboriginal and Torres Strait Islander status was reported for ≥50% of notifications for each year (Australian Capital Territory, Northern Territory, Queensland, South Australia, Tasmania, and Western Australia).

26.7

24.9

♦ TAS

• WA

44.3 35.2

29.3

26.0

## 4 Hepatitis C testing

Hepatitis C testing rates showed a decline between 2019 and 2021 as a consequence of the COVID-19 pandemic related restrictions <sup>(1)</sup>. Sentinel surveillance of hepatitis C testing is conducted by the Australian Collaboration for Coordinated Enhanced Sentinel Surveillance (ACCESS) network and includes 11 general primary care sites specialising in the health of people who inject drugs, 15 sexual health clinics, and ten primary care clinics specialising in the health of gay and bisexual men. Among people who inject drugs and attend one of the 15 sexual health clinics in the ACCESS network, the proportion who received a hepatitis C test in the past 12 months fluctuated between 2012 and 2021 and was 53.9% in 2021 (Figure 9). A decline in the number of ACCESS clinic attendees since the start of the pandemic may mean that these figures are less representative of the broader population and should be interpreted with caution (Data not shown).





Data from the annual Australian Needle Syringe Program Surveys (ANSPS) provide insights into the demographic characteristics and risk behaviours of laboratory confirmed and self-reported bloodborne virus prevalence, including hepatitis C prevalence, among people who inject drugs attending needle and syringe programs throughout Australia. Between 2012 and 2019, the overall proportion of ANSPS respondents reporting hepatitis C testing in the past 12 months fluctuated between 51% and 55% followed by a decline between 2019 and 2021 to 47% (47% of men and 47% of women) (Figure 10). These proportions were the lowest in the reporting period, likely related to the ongoing COVID-19 pandemic. Self-reported hepatitis C testing levels have consistently been higher among survey respondents who were confirmed as hepatitis C antibody positive than in those who were antibody negative (52% vs 44% in 2021) (Figure 11).





Source: Australian Needle Syringe Program Survey; see Methodology for detail.





## 5 Hepatitis C incidence

Hepatitis C incidence represents new transmissions and is an important indicator in monitoring the effectiveness of hepatitis C prevention programs and progress against national and global hepatitis C targets. Modelled national hepatitis C incidence estimates are in development and will be presented in future reporting. In lieu of these estimates, hepatitis C incidence estimates calculated using sentinel surveillance data from the ACCESS network are presented below.

For the years 2012–2021, among people attending one of the nine ACCESS primary care sites who had at least one repeat hepatitis C test, there were 166 seroconversions during 191 person-years at risk. Among this population, between 2015 and 2019, the hepatitis C incidence declined from 1.4 to 0.5 new infections per 100 person-years. Between 2019 and 2021 the hepatitis C incidence rate increased from 0.4 to 0.6 new infections per 100 person-years (Figure 12).

For the years 2012–2021, among gay and bisexual men attending one of the 18 ACCESS primary care sites or sexual health clinics who had at least one repeat hepatitis C test, there were 295 seroconversions during 387 person-years at risk. Among this population, between 2015 and 2019, the hepatitis C incidence declined from 1.3 to 0.5 new infections per 100 person-years. Between 2019 and 2021 the hepatitis C incidence rate declined from 0.5 to 0.4 new infections per 100 person-years (Figure 13).

Overlapping confidence intervals between years mean that the differences in incidence rates are not statistically significant and trends should be interpreted with caution.





Source: ACCESS; see Methodology for detail.





Source: ACCESS; see Methodology for detail.

# 6 Hepatitis C prevalence

Australia's hepatitis C epidemic affects many people across differing age groups, ethnicities, and sociodemographic backgrounds. Key populations include people with a history of injecting drugs, people with a history of incarceration, and people from high-prevalence countries (where the prevalence of hepatitis C is higher than 3.5%).

Among ANSPS participants, hepatitis C antibody prevalence declined from 57% in 2015 to 36% in 2021 (Figure 14).

By comparison, greater declines have been seen in hepatitis C RNA prevalence, reflecting the reduced level of current infection among people with hepatitis C antibodies since the widespread availability of direct-acting antiviral (DAA) therapy. Hepatitis C RNA prevalence declined from 51% in 2015 to 16% in 2021 (Figure 14) <sup>(6)</sup>.



Figure 14 Hepatitis C antibody and RNA prevalence among people attending needle and syringe programs, 2012–2021

Notes: RNA prevalence data are weighted for gender and HCV Ab status. RNA testing commenced as part of the ANSPS from 2015. Source: Australian Needle Syringe Program Survey; see Methodology for detail.

# 7 Hepatitis C morbidity and mortality

There is no comprehensive registry of advanced illness related to hepatitis C in Australia. One indicator of the extent of illness caused by hepatitis C is the number of liver transplants due to chronic infection. Many factors influence the selection of candidates for transplant, and the numbers may not necessarily reflect the overall morbidity and mortality attributable to individual causes of liver disease. For detailed information relating to chronic hepatitis B among liver transplant patients, please see the Kirby Institute data site.

Of the 207 liver transplants in 2021, 19 (9%) were attributable to chronic hepatitis C infection or hepatitis C related hepatocellular carcinoma. The number of people having liver transplants in Australia due to chronic hepatitis C has reduced by 83% between 2015 and 2021 from 61 (34% of all liver transplants) to 10 (5% of all transplants). The number of hepatitis C-related transplants accounted for by hepatocellular carcinoma has reduced from 13 (7% of all liver transplants) in 2015 to 9 (4% of all liver transplants) in 2021 (Figure 15). Many factors influence the selection of candidates for transplant, and the numbers may not necessarily reflect the overall morbidity and mortality attributable to individual causes of liver disease.





Note: Only includes people aged 16 years and over.

Source: Australian and New Zealand liver Transplant Registry; see Methodology for detail.

### 8 Hepatitis C treatment

Subsidised interferon-free DAA regimens became available in Australia from March 2016. Access to new highly effective hepatitis C treatments led to a 26-fold increase in the number of people receiving treatment between 2015 and 2016. The large initial DAA uptake in 2016 likely reflected a 'warehouse' effect, with many patients awaiting DAA treatment access after a hepatitis C diagnosis in previous years <sup>(3)</sup>. Since this time the DAA treatment initiations per year have declined from 33 201 in 2016 to 6474 in 2021 (Figure 16). The state/territory breakdowns for 2021 and presented in Table 2.



#### Number of people with chronic hepatitis C infection initiating direct-acting antiviral therapy by Table 2 state/territory, 2021

	Number initiating direct-acting antiviral therapy in 2021
State/Territory	
Australian Capital Territory	94
New South Wales	2001
Northern Territory	49
Queensland	1719
South Australia	363
Tasmania	172
Victoria	1262
Western Australia	814
Australia	6474

Source: Pharmaceutical Benefits Scheme

Data from the ANSPS indicate that among respondents with self-reported chronic hepatitis C in 2021, 62% reported ever having received hepatitis C treatment, an increase from 10% in 2012, and an increase from 11% in 2015 (Figure 17). This increase reflects improved access through subsidised interferon-free direct-acting antiviral regimens from March 2016<sup>(6)</sup>. Among Aboriginal and/or Torres Strait Islander ANSPS respondents, there was more than a five-fold increase, from 11% in 2015 to 56% in 2021 compared to an almost six-fold increase in non-Indigenous respondents from 11% to 65% over the same period. Please refer to the Australian Needle Syringe Program Survey National Data Report 2017–2021: Prevalence of HIV, HCV and injecting and sexual behaviour among NSP attendees for more information <sup>(4)</sup>.



Note: Denominator for lifetime history of treatment is restricted to people with hepatitis C antibody positive serology and excludes people who self-reported spontaneous clearance; prior to 2012 commenced treatment in the last twelve months was 'current treatment; excludes people who reported treatment induced clearance >12 months previously.

Source: Australian Needle Syringe Program Survey; see Methodology for detail.

# 9 Hepatitis C prevention

The reuse of needles and syringes that have been used by others (receptive syringe sharing) is a major risk factor for the transmission of hepatitis C and other bloodborne viruses among people who inject drugs. Harm reduction strategies, in community and prison settings, such as needle and syringe programs and opioid substitution therapy as well as safe injections, community education and peer interventions can reduce injecting risk behaviour <sup>(7–9)</sup>. Opioid agonist therapy has been shown to reduce the incidence of hepatitis C and HIV among people who inject drugs <sup>(10–12)</sup>. Health promotion is important to enhance the effectiveness of harm reduction strategies and to support people who inject drugs to implement safer practices. Mathematical modelling suggests achieving a high coverage of hepatitis C antiviral treatment can reduce the population prevalence of hepatitis C and therefore lead to reduced incidence (treatment as prevention) <sup>(13)</sup>. Secondary prevention strategies to reduce the risk of liver disease morbidity and mortality include improving access to diagnosis and antiviral treatment and engagement in regular ongoing liver cancer monitoring for all people with cirrhosis even when cured of hepatitis C infection.

#### Injecting risk behaviour

Data from the Australian Needle Syringe Program Survey indicate that the prevalence of receptive syringe sharing has been generally stable over the past 10 years (2012–2021). In 2021, 18% of people who inject drugs attending needle and syringe programs report receptive syringe sharing in the last month (see HIV chapter, Figure 36 on page 46). The proportion of respondents reporting receptive syringe sharing was more than twice as high among Aboriginal and/or Torres Strait Islander survey participants (29%) compared with non-Indigenous participants (13%). Please refer to the Australian Needle Syringe Program Survey National Data Report 2017–2021: Prevalence of HIV, HCV and injecting and sexual behaviour among NSP attendees for further information <sup>(4)</sup>.

# References

- MacLachlan J, Romero N. Impacts of COVID-19 on BBVSTI testing, care and treatment: Medicare data analysis (data to December 0220) [Internet]. WHO Collaborating Centre for Viral Hepatitis, Doherty Institute for Infection and Immunity; 2021 p. 19. Available from: https://www.doherty.edu.au/uploads/content\_doc/COVID-19\_impacts\_-\_BBVSTI\_ treatment\_and\_care\_(data\_to\_January2021)\_FINAL.pdf
- 2. Australian Bureau of Statistics. Australia: Aboriginal and Torres Strait Islander population summary. 2021.
- Hajarizadeh B, Cunningham EB, Reid H, Law M, Dore GJ, Grebely J. Direct-acting antiviral treatment for hepatitis C among people who use or inject drugs: a systematic review and meta-analysis. Lancet Gastroenterol Hepatol. 2018 Nov;3(11):754–67.
- 4. Heard S, Iversen J, Maher L. Australian Needle Syringe Program Survey National Data Report 2017-2021: Prevalence of HIV, HCV and injecting and sexual behaviour among NSP attendees. Sydney: Kirby Institute, UNSW Sydney; 2022.
- 5. Kirby Institute, UNSW. Bloodborne viral and sexually transmissible infections in Aboriginal and Torres Strait Islander people Annual Surveillance Report 2022. Kirby Institute, UNSW Sydney; 2022.
- 6. Iversen J, Dore GJ, Catlett B, Cunningham P, Grebely J, Maher L. Association between rapid utilisation of direct hepatitis C antivirals and decline in the prevalence of viremia among people who inject drugs in Australia. J Hepatol. 2019 Jan;70(1):33–9.
- 7. Platt L, Minozzi S, Reed J, Vickerman P, Hagan H, French C, et al. Needle syringe programmes and opioid substitution therapy for preventing hepatitis C transmission in people who inject drugs. Cochrane Database Syst Rev. 2017 Sep 18;9:CD012021.
- 8. MacArthur GJ, Minozzi S, Martin N, Vickerman P, Deren S, Bruneau J, et al. Opiate substitution treatment and HIV transmission in people who inject drugs: systematic review and meta-analysis. BMJ. 2012 Oct 3;345:e5945.
- 9. Southwell M, Shelly S, MacDonald V, Verster A, Maher L. Transforming lives and empowering communities: evidence, harm reduction and a holistic approach to people who use drugs. Curr Opin HIV AIDS. 2019 Sep;14(5):409–14.
- 10. White B, Dore GJ, Lloyd AR, Rawlinson WD, Maher L. Opioid substitution therapy protects against hepatitis C virus acquisition in people who inject drugs: the HITS-c study. Med J Aust. 2014 Sep 15;201(6):326–9.
- 11. Nolan S, Dias Lima V, Fairbairn N, Kerr T, Montaner J, Grebely J, et al. The impact of methadone maintenance therapy on hepatitis C incidence among illicit drug users. Addiction. 2014 Dec;109(12):2053–9.
- 12. Tsui JI, Evans JL, Lum PJ, Hahn JA, Page K. Association of opioid agonist therapy with lower incidence of hepatitis C virus infection in young adult injection drug users. JAMA Intern Med. 2014 Dec;174(12):1974–81.
- 13. Scott N, McBryde ES, Thompson A, Doyle JS, Hellard ME. Treatment scale-up to achieve global HCV incidence and mortality elimination targets: a cost-effectiveness model. Gut. 2017 Aug;66(8):1507–15.

HC<sub>V</sub>

